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# **Herpes Treatment: Prevent Recurring Outbreaks And Heal Herpes Naturally (Herpes Books, Cold Sore, Immune System Boost, Virus Outbreak, Herpes Simplex)**





## Synopsis

Discover How To Prevent And Control Herpes Sore Outbreaks NaturallyGet this book today at a special price of \$2.99. Read on your PC, Mac, smart phone, tablet or Kindle device.Herpes is a virus that enters the body through various types of infiltration. Oral herpes, or type 1, affects about 80 percent of the adult population. Genital herpes affects about 20 percent of the population. Millions of new cases come about every year. No known cure exists for the virus. Therefore, affected individuals can only manage the symptoms. The virus can lie dormant for years after the first infection, and the first outbreak is usually the worst one. Symptoms of herpes outbreaks include painful lesions, inflammation, swollen glands, fever and flulike symptoms. Secondary symptoms can include depression because of the way the virus affects the afflicted person's everyday life.The best way for a person to prevent outbreaks is by strengthening the immune system so that it works harder to minimize viral activity. Doctors can prescribe several antiviral medications such as Zovirax, acyclovir and Valtrex that can slow its progression. A myriad of over-the-counter creams are also available.A person can choose to use a natural or holistic approach to treatment as opposed to a medicinal approach. Vitamins, minerals, fluids and herbal elements can keep the herpes simplex viruses at bay so that an afflicted person can live a normal life. The following are some natural treatments for herpes that can decrease the frequency of outbreaks.  
Here Is A Preview Of What You'll Learn When You Download Herpes Book:  
What Is Herpes And How To Prevent Outbreaks  
Enhancement And Triggers  
Natural Herpes Remedies  
All Important Elements  
Holistic Treatments  
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## Book Information

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## **Customer Reviews**

As a user of herbs and supplements it is my judgement that the author knows what she is talking about

This book gave me some new directions to go. I have been struggling with this problem for years and traditional medication has not helped. I am going to try this.

Very helpful short read. Decent amount of research on herpes and holistic remedies can all be found in this book.

All I needed to know! Thank you!

I think this book is BS.

One of the more comprehensive list of supplements to take that I have read. Contains more supplements then I have seen elware also

Excellent Information, no judgment and hopeful... This book has given me a great placer to start my plan for a stress, worry and depress free mindset...I feel more empowered because I have

information.

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